

St. Clement of Rome

Healthy Habits Lunch

MAY 2018

*= Baked

WG=Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p style="text-align: center;">HOT LUNCH</p> <p>Turkey & Cheese on French Chips Mandarin Oranges Animal Crackers Milk, Fat free</p>	<p style="text-align: center;">HOT LUNCH</p> <p>*Cheese Quesadilla Spanish Rice Corn Churro Milk, Fat Free</p>	<p style="text-align: center;">HOT LUNCH</p> <p>PAPA JOHNS PIZZA SALAD COOKIE MILK, FAT FREE</p> 	<p style="text-align: center;">HOT LUNCH</p> <p><u>TACO'S TODAY!!!</u> Crunchy Taco, WG Spanish Rice, WG Mexican Corn Rainbow Sherbet Milk, Fat Free</p>
	Alternate:	Alternate:	Alternate:	Alternate:
	Bosco Sticks	Bosco Sticks	Bosco Sticks	Bosco Sticks
7	8	9	10	11
<p style="text-align: center;">HOT LUNCH</p> <p>*Popcorn Chicken *Seasoned Fries Fresh Fruit/Seasonal *Homemade Brownie Milk, Fat Free</p>	<p style="text-align: center;">HOT LUNCH</p> <p>Hot Ham & Cheese on Pretzel Bun Chips Fresh Fruit/Seasonal Chocolate Pudding Milk, Fat Free</p>	<p style="text-align: center;">HOT LUNCH</p> <p>Hamburger on WG Bun *Baked Fries Baby Carrots Fresh Fruit/Seasonal Milk, Fat Free</p>	<p style="text-align: center;">HOT LUNCH</p> <p>PAPA JOHNS PIZZA SALAD COOKIE MILK, FAT FREE</p> 	<p>NOON DISMISSAL</p> <p>NO FOOD SERVICE</p>
Alternate:	Alternate:	Alternate:	Alternate:	
Corn Dogs	Corn Dogs	Corn Dogs	Corn Dogs	
14	15	16	17	18
<p style="text-align: center;">HOT LUNCH</p> <p>*Chicken Nuggets Corn Fresh Fruit/Seasonal Fresh Baked Brownie Milk, Fat Free</p>	<p style="text-align: center;">HOT LUNCH</p> <p>Broccoli Cheddar Soup 1/2 Grilled Cheese Fresh Fruit/Seasonal Cookie Milk, Fat Free</p>	<p style="text-align: center;">HOT LUNCH</p> <p>PAPA JOHNS PIZZA SALAD COOKIE MILK, FAT FREE</p> 	<p>FIELD DAY</p> 	<p style="text-align: center;">HOT LUNCH</p> <p>*Toasted Ravioli Green Beans Mandarin Oranges *Cookie Milk, Fat Free</p>
Alternate:	Alternate:	Alternate:		Alternate:
Grilled Cheese	Grilled Cheese	Grilled Cheese		Grilled Cheese
21	22	23	24	25
<p style="text-align: center;">HOT LUNCH</p> <p><u>BREAKFAST FOR LUNCH!</u> *French Toast Sticks Syrup *Bacon *Triangle Hash Brown Fresh Fruit/Seasonal Milk, Fat Free</p>	<p style="text-align: center;">HOT LUNCH</p> <p>* Chicken Strips BBQ Sauce Corn Fresh Fruit/Seasonal Cookies Milk, Fat Free</p>	<p>LAST DAY</p> <p>NOON DISMISSAL</p> <p>CARNIVAL</p>		
Alternate:	Alternate:			
Grilled Cheese	Grilled Cheese			

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée)



Food Service Consultants, Inc.

"Serving You With Pride"

