

St. Clement of Rome

Healthy Habits Lunch

APRIL 2018

*= Baked

WG=Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
EASTER MONDAY NO SCHOOL 	HOT LUNCH * Chicken Strips BBQ Sauce Corn Fresh Fruit/Seasonal Cookies Milk, Fat Free	HOT LUNCH Hamburger on WG Bun *Baked Fries Baby Carrots Fresh Fruit/Seasonal Milk, Fat Free	HOT LUNCH PAPA JOHNS PIZZA SALAD COOKIE MILK, FAT FREE 	HOT LUNCH *Popcorn Chicken *Seasoned Fries Fresh Fruit/Seasonal *Homemade Brownie Milk, Fat Free
Alternate:	Alternate:	Alternate:	Alternate:	Alternate:
Corn Dog	Bosco Sticks	Bosco Sticks	Bosco Sticks	Bosco Sticks
9	10	11	12	13
HOT LUNCH <u>TACO'S TODAY!!!</u> Crunchy Taco, WG Spanish Rice, WG Mexican Corn Rainbow Sherbet Milk, Fat Free	HOT LUNCH Turkey & Cheese on French Chips Mandarin Oranges Animal Crackers Milk, Fat Free	HOT LUNCH *Cheese Quesadilla Spanish Rice Corn Churro Milk, Fat Free	HOT LUNCH PAPA JOHNS PIZZA SALAD COOKIE MILK, FAT FREE 	NOON DISMISSAL NO FOOD SERVICE
Alternate:	Alternate:	Alternate:	Alternate:	
Corn Dog	Corn Dog	Corn Dog	Corn Dog	
16	17	18	19	20
HOT LUNCH <u>BREAKFAST FOR LUNCH!</u> *Pancake with Syrup *Sausage Patty Fresh Fruit/Seasonal Yogurt Milk, Fat Free	HOT LUNCH French Dip Baked Chips Fruit Kabob Milk, Fat Free	HOT LUNCH *Chicken Nuggets Corn Fresh Fruit/Seasonal Fresh Baked Brownie Milk, Fat Free	HOT LUNCH PAPA JOHNS PIZZA SALAD COOKIE MILK, FAT FREE 	HOT LUNCH <u>PASTA DAY</u> Spaghetti with Meat Sauce Green Beans Garlic Breadstick Cookie Milk, Fat Free
Alternate:	Alternate:	Alternate:	Alternate:	Alternate:
Grilled Cheese	Grilled Cheese	Grilled Cheese	Grilled Cheese	Grilled Cheese
23	24	25	26	27
HOT LUNCH *Popcorn Chicken *Seasoned Fries Fresh Fruit/Seasonal *Homemade Brownie Milk, Fat Free	HOT LUNCH Hot Ham & Cheese on Pretzel Bun Chips Fresh Fruit/Seasonal Chocolate Pudding Milk, Fat Free	HOT LUNCH Hamburger on WG Bun *Baked Fries Baby Carrots Fresh Fruit/Seasonal Milk, Fat Free	HOT LUNCH PAPA JOHNS PIZZA SALAD COOKIE MILK, FAT FREE 	HOT LUNCH * Chicken Strips BBQ Sauce Corn Fresh Fruit/Seasonal Cookies Milk, Fat Free
Alternate:	Alternate:	Alternate:	Alternate:	Alternate:
Toasted Ravioli	Toasted Ravioli	Toasted Ravioli	Toasted Ravioli	Toasted Ravioli
30				
HOT LUNCH <u>BREAKFAST FOR LUNCH!</u> *French Toast Sticks Syrup *Bacon *Triangle Hash Brown Fresh Fruit/Seasonal Milk, Fat Free				
Alternate:				
Bosco Sticks				



All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.

"Serving You With Pride"

